

Sample Threats, Sample Triggers

dark hallways	bells	other children staring at them
uniformed policeman coming to or being in school	harsh language	unfamiliar festivals and celebrations, such as Halloween with masks or firecrackers
evacuation procedures or “lockdowns”	racism	body language that may be misinterpreted
situations that may seem out of control, like children “horsing around”	too many instructions	sound of boot-like footsteps
not understanding English, or some of the other languages children speak outside the classroom	sitting too long	groups of children talking loudly
on-going confusing noise	chaos	abrupt changes
raised fist	threats	confrontations
communicate from a distance without engagement	screaming	new adult in classroom with no explanation of why and who
poking	fear	increased or continued frustration of adult
physical restraint	yelling	bullying
forced separation from parent	signing forms	disclosing personal or family details